

# Surfing and Bodyboarding

## Activity Sheet

### Surf check

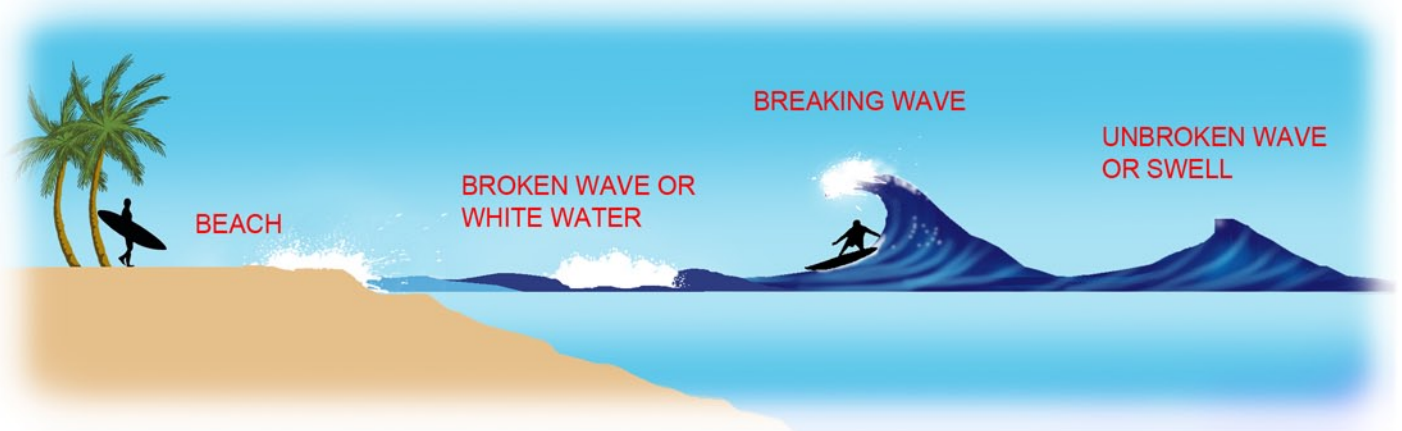
Which way is the wind blowing?



Off Shore Winds=Clean Waves



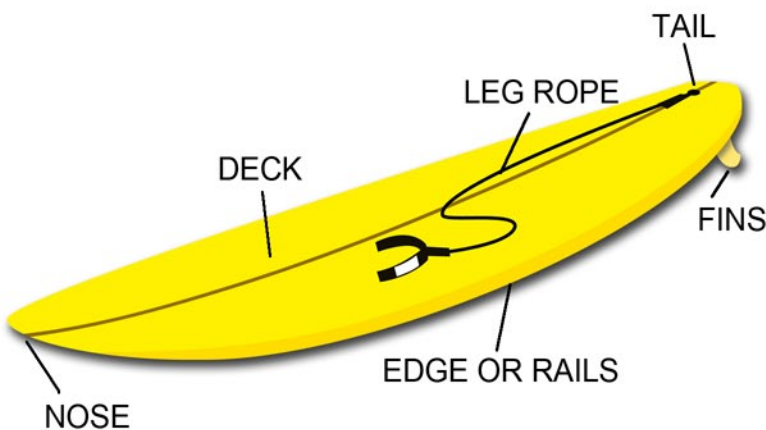
On Shore Winds=Messy Waves



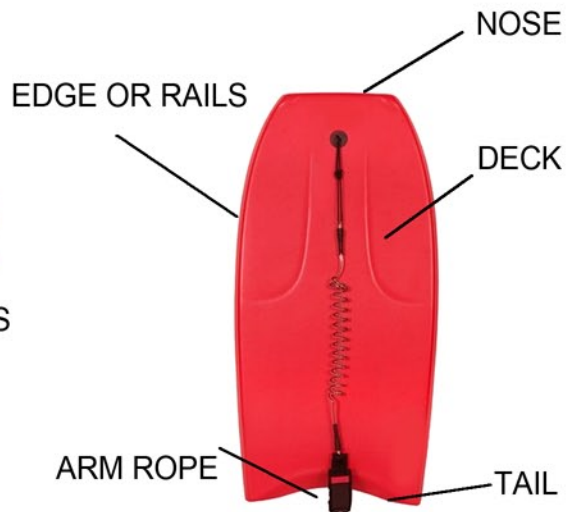
### What is the tide?

High Tide or Low Tide or Medium Tide?

### Parts of the board



Surfboard



Bodyboard

