DANGER! RIP CURRENTS

Each year people get into difficulty because they do not understand the beach dangers. A rip is a body of water moving out to sea. To escape from a rip current:

- Swim across to the nearest breaking waves

If in trouble:

- Don’t panic
- Raise your hand to alert lifeguards
- Swim to the side, don’t swim against the current

Identifying features of a rip:

1. Calm patches on surf with waves breaking each side
2. Rippled or criss cross water
3. Discoloured water because sand is stirred up
4. Foamy water with debris

*Rip currents are hard to see on a windy day

Surf Life Saving
Delivering Safer Beaches

In it for life*